

APPOINTMENT INFORMATION

If it's your first visit, we will do a complete eye exam, and if warranted, a dilation exam. A dilated eye exam allows the doctor to better evaluate the health of your eyes. Therefore, bring sunglasses just in case you need one. The lights are bright and your vision will be blurry so plan on having a backup driver if necessary. Effects of a dilation can last about 4-6 hours. You can return to work but reading will be difficult.

CANCELING: Call 433-8462 to cancel as soon as you know you cannot make it. We need time to refill the slot. Calling after your appointment time will be considered a NO-SHOW.

BOOKING APPOINTMENTS: Just call us. You do not need a referral to see Optometry.

EMERGENCIES: Please go directly to your sick call or ACC if you have any eye issues that are not an emergency. If your PCM cannot treat the problem, they will call us.

FM & RETIREES: You can go to www.tricare.mil/finddoctor to find a provider in your area. Or call 1-844-866-9378 to speak to a representative.

If you are diabetic, get a referral from your doctor to be seen here.

BOOK ONLINE! QUIT WASTING YOUR TIME CALLING!

*Register online at
www.tricare-west.com or call
1-844-866-9378*

- **LOGIN VIA CAC OR REGISTER**
- **SELECT APPOINTMENT**
(Select WELL exam and **include your phone number** after your reason for visit. Do not book follow-ups. We will book any follow-ups in the clinic after your first visit. Or call 433-8462.
- **SELECT LOCATION (Schofield or Tripler-Choose carefully)**
(If you DO NOT wear glasses and only want your MEDPROS updated, please report to your unit to conduct a vision screening You do not need an appointment)
- **SELECT A BEST TIME**
- **SELECT TO HAVE REMINDERS**



THANK YOU

We want to thank you for allowing us to help you with your vision needs.

We hope you find our clinic staff helpful and respectful of your needs. Please let us know by filling out your JOES SURVEY.

DESMOND T. DOSS SCHOFIELD BARRACKS OPTOMETRY

Frequently Asked Questions

WHO WE SEE

**Active Duty Members Only*
Retirees and their dependents
with Diabetic conditions
(referral required).*

MISSION

To deliver quality care to our supported population to maintain readiness and improve the health of the Force.

VISION

To be the Pacific Region's medical home of choice.

**Phone: 888-683-2778 x11
Fax: 808.433.8471
Optical: 808.433.8463**

HOW OFTEN SHOULD I BE SEEN?

We recommend an annual eye exam every 24 months if you wear glasses or contacts. All eye exams are booked appointments. Retirees who are diabetic can be seen here (with a referral) and are also eligible to order 1 pair of glasses per year from a military clinic. Dependents (either AD or Retired, are not eligible to order glasses.

TRICARE Dependents now have the option to purchase a vision plan (similar to Dental). You can visit www.tricare.benefeds.com to evaluate your options. The effective date is 01 January 2019 and eligible individuals must enroll during the Federal Benefits Open Season.

HOW DO I UPDATE MY MEDPROS?

ACTIVE DUTY MEMBERS

Go to your sick call after 9am (M-F). They can screen and update your MEDPROS. If you **FAIL** the vision screening or need to order glasses, come by the clinic for assistance.

WHAT ARE THE WALKIN HOURS?

Walk ins are for physicals only. *Such as, ETS, Certain Schools, MOS Chg, Chapters, PCS, Color testing. Etc.*

The following must be booked. *(Green to Gold, Flt Class 1, PRK Waivers, Ocular Motility, MEDBOARD forms or DMV Vehicle.*

Hours are 0800-1130 M-F / 1300-1400 ON M,T,W,F ONLY. We are closed every Thursday afternoon for training. You must wear your glasses to your appointment (NO CONTACTS).

PICKING UP INSERTS AND GLASSES?

ALREADY ORDERED

We generally mail eyewear directly to you, otherwise you can pickup in Rm 221 (676).

ORDERING

If you need to order, you must have a current prescription under 24 months. If over 24 months, it is recommended that you book your routine optometry exam first.

CONTACT LENSES?

TRICARE DOES NOT COVER CONTACT LENS. OUR CONTACT LENS POLICY IS A COURTESY PROGRAM TO OUR PATIENTS AND ARE SUBJECT TO AVAILABILITY AND READINESS REQUIREMENTS. Our doctors will attempt to update CL prescriptions if you already have and wear CL's. To be eligible you must **1)** bring the CL's, **2)** bring the package/boxes, and **3).** the doctor must determine that your current contacts are acceptable. **We do not provide contact lens.**

CHECK IN POLICY?

Those with appointments must arrive **15 minutes early** with the following exceptions:

- TBI EXAMS: Report 30 minutes early
- FLT CLASS 1 EXAMS: 1 hour early

COPY OF MY PRESCRIPTION?

Give us 24 hours to provide glass or contact prescriptions. Just call 433-8462 to request one.

LASIK OR PRK INFO?

To pickup your last 2 exams for the PRK/LASIK brief, report to medical records Bldg YY (Troop Medical Records.)

For more information regarding PRK or LASIK, call 808.433.3089 x2.

DRIVERS LICENSE UPDATE?

Have your state DMV paperwork from your state and book an appointment.

PHYSICALS?

See WALKIN HOURS.