Emergency Numbers	
Vic�n Advocates Hotline 24/7	(808) 624-7233
Family Court Temporary Restraining Order	(808) 538-5959
Ft Sha �r MPs	(808) 438-7114
Schofield Barracks MPs	(808) 655-5555
Domes 🌣 Violence Ac 🏟 n Center (DVAC)	(808) 531-3771
PACT Ohia Shelter	(808) 526-2200
Hale Ohana (24 hour support)	(808) 959-8864
Child and Family Service DV Shelters 24/7	(808) 841-0822
Sex Abuse Treatment Center	(808) 524-7273
Na �nal Domes � Violence Hotline	1-800-799-723
ACCESS (Crises Hotline)	(808) 832-3100
Child Protective Services	(808) 832-5300
Legal Assistance	
Department of the Prosecu 🏟 g A 🏟 rney	(808) 768-7400
Domes� Violence Ac�n Center (DVAC)	(808) 531-3772
Legal Aid Society of Hawaii	(808) 536-4302
Schofield Barracks Legal Office	(808) 655-8607
Volunteer Legal Services of Hawaii	(808) 528-7046
Counseling and Support	
FAP Schofield Barracks	(808) 433-857
FAP Tripler	(808) 433-6606
Behavioral Health Tripler	(808) 433-273
Child and Family Behavioral Health Services Tripler	(808) 433-641
Behavioral Health Schofield Barracks	(808) 433-860
Child and Family Behavioral Health Services SB	1-888-683-277
Military One Source	1-800-342-964
Family Peace Center	(808) 832-085

(808) 521-4357

(808) 545-2740

(808) 532-5100

(808) 787-4227

(808) 526-9724

(808) 692-8265

(808) 847-0015

Catholic Chari Hawaii

**Other Assistance** 

Bilingual Access Line

PACT Visita n Center

Samaritan Counseling Center Hawaii

CFS / Developing Op ns to Violence

Child Support Enforcement Agency

New Parent Support Program

# You have the right to know



FAP Schofield Barracks (808) 433-8579

FAP Tripler AMC (808) 433-6606

Vic on Advocates Hotline 24/7 (808) 624-7233

www.hawaii.armymwr.com/programs/family-advocacy-program
www.militaryonesource.mil

### Family Advocacy Program



### Keeping You Safe



Tripler Army Medical Center

Desmond T. Doss Health Clinic at Schofield Barracks

## Our Mission

The Army Family Advocacy Program (FAP) works to prevent domes violence by offering resources, educa n, support, interven n ad treatment. FAP provides risk assessments,

counseling, case management and vic an advocacy services to military families dealing with situa and so for domes abuse and/or child abuse in order to ensure safety for all individuals and to promote healthy relationships through collabora and with Military Treatment Facili as, Community Services, and

Goal

The goal of the clinical response to family maltreatment is to determine if abuse has occurred, ensure the safety of all, develop a treatment plan designed to reduce the risk of continued maltreatment, and rehabilitate the family when appropriate, while ensuring an end to violence.

#### Whatis Domestic Violence?

- Domes Violence includes physical, emo nal and psychological abuse perpetrated by one partner against the other partner in order to gain and/ or maintain power and control in the rela nship
- Domes violence is against the law in Hawaii. No one has the right be physically, sexually or psychologically abuse you.
- The most dangerous one in the relationship is when you decide to leavelf you decide to leave we encourage you to discuss your plan for leaving safely with one of our trained staff.
- Domes Violence occurs in every culture, socio-economic and age group. It affects anyone regardless of educa nal and religious backgrounds and occurs in same gender as well as heterosexual rela nships.



#### The Cycle of Violence

- At first your partner may not be violent.
- As other forms of abuse increases, physical violence becomes more likely.
- Abusers use these tactics to keep power and control.
- They blame their partners for family problems.
- Your partner may insist you cause the violence.

## Plan for your life

- Our FAP staff can assist you with many of your gues ons and needs.
- If you decide to leave or stay in the rela nship we are here to assist you in carrying out your decision with your safety as our first priority.
- With Domes Violence you have the op on of unrestricted or

restricted repor ng. Unrestricted repor ng is where Command and Law Enforcement will be no need and you can access all services.

Restricted repor ng is where Command and Law Enforcement are NOT no need and you can access all our services (not available f children witness or involved with the incident).

- Our trained and suppor estaff can assist you with safety planning, careful considera on of your op ons and help make referrals to advocates, community and Military resources and treatment services.
- If you need an interpreter, please ask us.

# Know your rights/ *Didyouknow?*

- That your ID card belongs to the DOD and only the DOD can remove the card from your possession.
- As a dependent spouse, if you are no longer living on Post and physically separated from the soldier, you may be entitled to monthly spousal support.
- If a soldier is a victim of domestic violence he/she may not need to pay spousal support.
- You may be entitled to transitional compensation (monthly payments) for a limited time, as well as health insurance if the soldier is Chaptered for or convicted in a Court-Martial for domestic violence.
- If you are still married but living apart you are still entitled to all dependent privileges.
- You can request an early return of dependents (ERD) where the Army pays for your flight and shipping of belongings to your home of record.
- A Victim Advocate at (808)624-SAFE (7233) is available 24/7 <sup>to</sup> safety plan and support you.

#### Services Offered

- Assessment of Domestic Violence and Child Abuse
- Information and Referral
- Individual, Couples, and Family Counseling
- Case Management Services

## Characteristics of an Abusive Relationship

- Are you afraid of your partner?
- Does your partner control your finances?
- Does your partner accuse you of having affairs?
- Does your partner threaten to kill you if you leave the relationship?
- Has your partner ever physically hurt you or threatened to physically hurt you or someone you care about?
- Does your partner often put you down, call you names, undermine your self esteem and confidence?
- Does your partner ever force you into options and your safety. sexual activities that make you feel uncomfortable? Remember that you are
- Does your partner try to control where you go, who you are with and what you do?

- Does your partner threaten to kill him/herself if you leave the relationship?
- Do you constantly worry about your partner's moods and alter your behavior to deal with them?
- Have you stopped seeing family and friends to avoid your partner's jealousy or anger?

#### If you answer yes to some or all of these questions, you may be in an abusive relationship.

We encourage you to call our Hotline (808)624-SAFE (7233) to discuss your options and your safety.

Remember that you are not to blame for your partner's abusive behavior.

You do not have to do it alone.

#### Safety Planning

- If you decide to leave, make a plan on how to get out and where you will go.
- Keep your phone, wallet, important documents, and car keys in a place where you can leave quickly.
- Teach your children to call 911 and run and get help.
- If things escalate to an argument move to a place that is low risk such as living rooms where there are exits.
- Leave extra cash and clothes with a friend.
- Inform your close social supports what is going on and establish a safeword.